

<b>Mayors Commission on the Status of Women District 8</b>	<b>Application No: No: 20220705153227_12857</b>
ELIGIBILITY	
PROFILE	
Prefix	Ms.
Last Name	Morgan
First Name	Brenda
Middle Name	Siebold
Suffix	
Preferred Name	Brenda
Title	MBA, Health Coach Nutritionist, CPT
Are you a City of San Antonio resident?	Yes
San Antonio Resident Length Years	51
In which City Council District do you reside?	09
How many years have you lived in the City Council District where you reside?	22
Address Type?	Residence
Address	
City	San Antonio
State	TX
Zip	78258
Phone Type?	Cell
Phone number	8
Phone 2 Type?	Business
Phone 2 number	2108423008
Address 2 Type?	Business
Address 2	
City 2	San Antonio
State 2	TX
Zip 2	
eMail	
Employer	A Health Warrior
Job Title	Owner, Health Coach Nutritionist, CPT
Occupation	Health Coach Nutritionist, Personal Trainer

Board/Commission/Committee Name	Mayors Commission on the Status of Women~District 8~01
DEMOGRAPHIC INFORMATION	
The City of San Antonio strives for boards and commissions to be representative of our diverse community. Providing the following demographic information is voluntary, and will only be used for statistical and reporting purposes.	
Race/Ethnicity (Please select all that apply):	White/Non-Hispanic
Gender:	Female
Age:	45 to 54
Do you identify as a sexual minority (such as lesbian, gay, bisexual, queer, etc.)?	No
QUESTIONS	
If this board position requires residency within Bexar County, the City of San Antonio city limits or within a particular council district, do you meet those residency requirements?	Yes
Do you or any of your immediate family members or any businesses that you or they own currently have any direct or indirect financial interest in any contract(s) with the City, including subcontracts?	No
Will you or any of your immediate family members or any businesses that you or they own seek a contract(s) with the City in the foreseeable future?	No
Do you or any of your immediate family members or any businesses that you or they own have any financial interest, direct or indirect, in any sale to the City of any land, materials, supplies, or service?	No
Does your employer or an employer of your immediate family members have a contract with the City?	No
Do you or any of your family members currently serve or in the past year served as an administrative aide to a Councilmember?	No
Do you currently serve in any	No

elected or appointed public government office?	
Are you a member and/or officer and/or employee of any boards, commissions, corporations, non-profit entities, agencies, or other entities?	No
Do you intend to seek election or appointment to any public office or board or commission in the foreseeable future?	No
Have you ever been hired for a position with the City of San Antonio?	No
Describe your Educational history.	Pursuing Masters in Nutrition and Dietetics Kansas State University 2020-Current GPA - 4.0 Pre-Nutrition and Dietetics University of Texas at San Antonio 2017 2020 GPA 3 75 Masters of Business Administration University of Texas at San Antonio 1997 2002 GPA 3 71 Bachelor of Arts in Music Baylor University 1989-1993 GPA - 3.21
Describe your Professional History & Certification designations (Current and historical).	I am currently a Health Coach Nutritionist and Personal Trainer. My business name is A Health Warrior. I guide clients and students on nutrition, lifestyle, fitness, mindset and habit change. I give group presentations, teach fitness classes and work with clients 1-on-1. Since 2005, I have been teaching regular classes at organizations like the Jewish Community Center, Spectrum Athletic Clubs and ThriveWell Cancer Foundation. I have multiple certifications in health coaching, personal training and various fitness forms. I have attached a short form of my most current resume that contains more details. Before A Health Warrior, 1997-2004, I received my MBA and worked as Director of Marketing for telecommunication companies, including USLD, El Paso Global Networks and UDP.
Describe your Volunteer Experience & Community Service	I have spent many hours volunteering for various organizations around San Antonio. Notably, I volunteered at the Alamo Dome when people were lined up in their cars to receive the newly released vaccines for COVID-19. My family and I support many of the charitable organizations by giving our time, money and donations. From an early age, I have emphasized to my children the importance of contributing to their community and we have spent lots of time as a family serving organizations like the San Antonio Food Bank, Snack Pak 4 Kids, the San Antonio Library, Goodwill, and many more. As the mother of two teens, I have spent many hours volunteering at my childrens San Antonio schools over the past 18 years. My attached resume gives more examples of some of the organizations for which I have volunteered.
Please provide a brief narrative outlining your reasons for seeking appointment to this board or commission:	My diverse education and professional background make me uniquely qualified to see issues from various perspectives. I can take different points of view into account and contribute those views to the committee for consideration. With my Masters in

	<p>Business, my corporate experience and as a business owner, I can offer and consider options that will be manageable and financially feasible. I am a mother of two teens who have attended various public and private schools in San Antonio. I spend lots of time volunteering at those schools and taking the time to understand the communities and the wants and needs of those families and their children. I have also spent time volunteering for the San Antonio Food Bank, Snack Pak 4 Kids, the Girl Scouts of America and other charitable organizations. This has given me the opportunity to witness some of the struggles that are facing the San Antonio community. In my profession as a nutritionist and a fitness expert, I understand well the challenges that all people from various socioeconomic backgrounds face every day as they try to navigate the American food environment and many of the related diseases that accompany our abundance of choices. As A Health Warrior, I am on a mission to support, educate and guide as many people as possible to live their lives with optimal health.</p>
<p><b>APPLICATION SIGN-OFF</b></p>	
<p>As a board, commission, or committee member, you will be asked to adhere to: Code of Ordinances, City of San Antonio, Part II, Chapter 2, Article IX, Sec.2-534. All board and commission members must file a Financial Disclosure Report with the Office of the City Clerk upon appointment, and annually thereafter, throughout the member's term. Failure to file a Financial Disclosure Report within the time required by the City's Ethics Code will be considered an automatic removal.</p>	
<p>I understand that if any member of the public makes a request for information included in this Application for Appointment, most of the information must be disclosed under the Public Information Act. I understand that the City of San Antonio will attempt to maintain the confidentiality of highly private matters by seeking an Attorney General's opinion in accordance with the Public Information Act. I understand that it may not be legally possible to maintain the confidentiality of such information, and I hereby release the City of San Antonio, and its agents, employees and officers, from any and all liability whatsoever if the information must</p>	<p>Acknowledged</p>

be released pursuant to the Public Information Act or any other law requiring its release.	
OATH: I have read and understand the guidelines set out in this application. The foregoing statements are true, accurate, and complete. I agree that any misrepresentation or omission of facts may result in my disqualification for appointment.	Acknowledged
Enter Your Name	Brenda Siebold Morgan
Date of submission.	7/5/2022
The Texas Public Information Act provides that each government official may choose whether to allow the public access to the information in the custody of the City that contains your home address, home telephone number, or reveals whether you have family members. Please note that this does not apply to business addresses, which are subject to public disclosure. If an open records request is filed requesting to view or obtain records that contain your personal information, the City will take steps to protect your personal information as authorized by the Texas Public Information Act, but only if you have elected to protect personal information.	
I want the public to have access to my Home Address.	No
I want the public to have access to my Home Telephone Number.	No
I want the public to have access to my Social Security Number.	No
I want the public to have access to my Emergency Contact Information.	No
I want the public to have access to my Family Information.	No
Please attach any additional information, such as a current resume, using the Attachments panel at the bottom of this page.	

