

**Department of Human Services  
Early Head Start - Child Care Partnership Program**

**Training and Technical Assistance Plan 2025-2026**

The City of San Antonio, Department of Human Services, Early Head Start-Child Care Partnership Program (heretofore, DHS EHS-CCP or EHS-CCP Program) contracts with nine direct service providers—six non-profit early education service providers, two health service providers and one mental wellness service provider— and collectively employs over 100 professionals (including floaters, part-time and substitutes) to provide high-quality infant and toddler program services to 216 children and families.

DHS EHS-CCP Program retains primary responsibility for providing ongoing training and technical assistance. Staff collaborates with each education service provider in the development of annual training plans to ensure needed trainings support the direct service staff in the delivery of high-quality services. This system ensures staff and families have access to ongoing training opportunities.

The 2025-2026 Training and Technical Assistance Plan (T&TA) reflects activities provided during the 2024-2025 program period for the EHS-CCP Program and planned training and development for the 2025-2026 program year. Through this application, DHS EHS-CCP Program is applying for \$64,800.00 training and technical assistance funds, for the awarded project period from August 1, 2025 – July 31, 2026.

**Section 1: Planning for Training**

On an annual basis, DHS EHS-CCP and each education service provider identify, prioritize, and develop a plan for training based on the needs of staff, parents and children. The Early Head Start Program approaches ongoing professional development across the program as a

joint venture working closely with the education service provider.

The Program uses Quality Assurance data, CLASS data, child outcome data, family assessment information, self-assessment data, 5-Year Strategic Planning goals, School Readiness Goals, staff and parent surveys, training evaluation forms and Child Care Regulation compliance history to identify program-wide training needs.

Training plans that are developed yearly meet or exceed the requirements of the Head Start Program Performance Standards (HSPPS), Head Start Act, Texas Child Care Regulations Minimum Standards (Minimum Standards), and other regulations.

## **Section 2: Professional Development & Training**

DHS EHS-CCP Program implements a comprehensive professional development plan that includes national and local conferences and workshops, orientation training, pre-service training, onsite and online trainings and webinars during the program year. Professional development opportunities will be presented in both a virtual format as well as in person in the 2025-2026 program year. The professional development plan centers on the following five areas of focus and presented in detail in the tables below: Quality Teaching and Learning, Family & Community Engagement, Health & Safety, Program Leadership, and Wellness Support.

DHS EHS-CCP Program and each education service provider ensures that at the beginning of employment all new program staff receives orientation. Each agency currently provides an orientation to all new staff, which meets their organizational expectations and Child Care Regulation Standards. DHS EHS-CCP Early Education Service Mentors continue to update and improve recorded sessions that are used by the education service providers for onboarding of new EHS-CCP staff. Sessions focus on the goals and philosophy of Head Start, the mission and vision of the Early Head Start Program, Standards of Conduct, Disabilities and Wellness Services, Approach to School Readiness, the School Readiness Plan of Action, Head Start Early Learning Outcomes Framework, and Parent Family and

#### Community Engagement Framework.

In addition to the new staff orientation, the EHS-CCP Program, in collaboration with the education service providers, hold an annual pre-service event prior to the new program year beginning. To kick off the 2024-2025 program year, DHS EHS-CCP Program staff hosted a two-week pre-service event with over 100 education service provider staff attending. The event included individualized sessions pertaining to wellness support and health services held at each of the EHS-CCP site locations for classroom staff and center leadership. Peer Coaches/Instructional Coach received one and a half days of hands-on training that covered updates to the Child Plus online system, updated policies and procedures, best practices, mandated reporter requirements, child safety and new program year expectations. The overall event cumulated in a half day in-person session held at the San Antonio Food Bank to bring together the EHS and EHS-CCP staff from all sites. Over 160 EHS teachers, directors, coaches, and management staff participated in the first in-person event held for the overall DHS EHS program since COVID. Speakers included the DHS Head Start Program Policy Council Chair, who is an EHS-CCP parent, staff from Texas Health and Human Services - Child Care Regulation and Child Safe, one of San Antonio's children's advocacy center.

DHS EHS-CCP Program staff and parents have opportunities throughout the program year to attend training events and conferences, including local, regional, and national conferences and workshops. The opportunity to attend additional conferences, workshops, and trainings arises throughout the program year based on identified program and/or individual needs.

DHS EHS-CCP Program and the education service providers offer various training opportunities throughout the program year using a variety of training methods and consultants, including online modules, webinars, scheduled trainings, on-site meetings, conferences, and events. Training delivery methods are designed to be flexible, and topics vary in order to meet requirements and program-wide training needs. Topics and number of participants may vary based on identified program and/or

individual needs and all topics fall within the five areas of focus.

The program has professional networks and services to assist staff in continuing their education goals including completion of additional coursework, obtaining a degree, or becoming credentialed. These professional educational opportunities are designed to build staff capacity and to meet the requirements of the Head Start Act, HSPPS, DHS EHS-CCP Program policies/procedures and furthering staff's education.

The program builds capacity within both the DHS EHS-CCP Program staff and education service providers. The program values staff pursuits of various training certifications to grow trainers and leaders within specific service areas. DHS EHS-CCP Program management staff currently holds certifications and trainer status in the following:

- Playground Safety
- Car Seat Proxy Technician and Technicians
- Infant CLASS-Reliability and Trainer status
- Toddler CLASS-Reliability and Trainer status
- Pre-K CLASS Reliability
- Family Service Credential and Trainer status
- NAEYC – Developmentally Appropriate Practices
- Program for Infant/Toddler – (PITC)
- Period of PURPLE Crying
- Mental Health First Aid
- Triple P Parenting Program
- Early Childhood Outdoor Learning Environments
- ASQ and ASQ-S/E Trainer status
- Infant Mental Health Endorsement Category II
- CPR/First Aid Trainer status
- Pyramid Model Trainer status
- Safety Compliance Awareness Trainer (S-CAT)
- Teaching Pyramid Infant-Toddler Observation Scale (TPITOS)
- Texas Infant-Toddler Specialist Network

DHS EHS-CCP Program staff uses their knowledge, skills, and abilities to provide quality trainings and technical assistance to the education service providers and families to ensure the program builds knowledge and best practices.

DHS EHS-CCP Program plans to continue the use of the Infant and Toddler CLASS tools to

measure teacher/child interaction to collect data and utilize as one data point in driving decisions for ongoing professional development. In-person CLASS observations were conducted in 100% of the classrooms during the fall of 2024. Moving into the 2025-2026 program year, DHS EHS-CCP Program plans to continue conducting classroom observations. DHS EHS-CCP Program CLASS reliable staff continually test throughout the program year to maintain their reliability as applicable to their certification.

The program continues the approach of six designated half-day professional development days held over the course of the program year to deliver high quality professional development. The education service providers close the centers at noon for all staff to attend specified four-hour trainings. New during the 2024-2025 program, two of the designated half-days were identified as Center Choice respective to an individualized approach based on the education service provider's staff needs. Education service providers selected the topics, with support from the DHS EHS staff, prepared content, presentations and interactive opportunities. Additionally, some brought in outside presenters to work with their teams. Topics ranged from review of Head Start Program Performance Standards, review of policies and procedures, LAP-3 assessment, lesson planning, teacher preparation for organized classroom, the power of interactions, health and safety and much more.

DHS EHS-CCP Early Education Mentors worked to develop tools to assist the providers in the identification, coordination, and tracking of the specific trainings for the Center Choice days. Parents have been strongly supportive of the idea and plans are to continue the approach in the 2025-2026 program year. Table 3 indicates the six half-day professional development days and topics presented during the 2024-2025 DHS EHS-CCP Program year.

**Table 1. 2024-2025 Half-Day Professional Development Days**

<b>Date</b>	<b>Topics</b>
September 13 and 20, 2024 Center Choice	<ul style="list-style-type: none"> <li>Various topics based on the needs of the individual centers such as EHS policies and procedures, positive interactions, safe environments and much more.</li> </ul>
October 11, 2024	<ul style="list-style-type: none"> <li>Implementing the Pyramid Model – Infant/Toddler Part 1</li> </ul>
November 8, 2024	<ul style="list-style-type: none"> <li>Implementing the Pyramid Model – Infant/Toddler Part 2 –</li> </ul>
February 7, 2025	<ul style="list-style-type: none"> <li>Supporting Infant/Toddler Social-Emotional Development and Addressing Challenging Behaviors - Part 1</li> </ul>
March 28, 2025	<ul style="list-style-type: none"> <li>Supporting Infant/Toddler Social-Emotional Development and Addressing Challenging Behaviors - Part 2</li> <li>Trauma Informed Practices</li> </ul>
May 9 and 16, 2025 Center Choice	<ul style="list-style-type: none"> <li>Various topics based on the needs of the individual centers such as EHS policies and procedures, positive interactions, safe environments and much more.</li> </ul>

DHS EHS-CCP Program prioritizes the health and well-being of all staff, children, and families by implementing a comprehensive ongoing trauma informed approach. The Program has provided professional development opportunities to all EHS-CCP staff to introduce the trauma informed approach and build a foundation of knowledge on the impact trauma has on staff, children, and families.

An ongoing priority of the DHS EHS-CCP Program is the continued work focused on the implementation of The Pyramid Model, a positive behavioral intervention and support framework that uses system-thinking and implementation science to promote evidence-based practices. Working through a multi-year contract with the Pyramid Model Consortium continues to provide the needed foundation, planning and implementation for the EHS-CCP Program.

DHS EHS-CCP Early Education Services team will continue to provide support to Peer Coaches and education service provider staff to ensure strategies and practices that support each tier of the Pyramid Model are being implemented. Family Support Workers and the program's Home Visitor will work to share recommended strategies to families as needed in a preventive approach and/or as a response to request. Each position with the DHS EHS-CCP Program will have the needed tools and resources available to share with families.

DHS EHS-CCP Program provides Family Service Credential (FCS) training for all family support service staff within eighteen months of hire. The Family Service Credential is a comprehensive, competency and credit-based training designed to support direct service family support staff in their work with children and families.

Additionally, education service providers have had or currently have staff working on either their child development associate (CDA) or associate's degrees through the T.E.A.C.H. program offered through the Texas Association for the Education of Young Children. T.E.A.C.H. is an evidence-based strategy that provides scholarships to assist with course tuition, books, CDA assessment fee, completion bonus and commitment from sponsoring licensed child-care centers to increase compensation for completion.

### **Section 3: Parent Leadership Programs and Training**

DHS EHS-CCP Program implements several parent programs and initiatives available throughout the program year to support parents and empower them to serve as not only leaders in their families but also in the community.

The EHS-CCP Program utilizes Ready Rosie as its research-based parenting curriculum. Ready Rosie builds on parents' knowledge and provides tools that are focused on equipping and engaging families and caregivers of children 0-6 years old. The curriculum includes a subscription for the digital tool provided to all the EHS-CCP Program parents and staff through text, email, or smart phone app. Subscribers receive "Modeled Moments" of real families,

rather than actors, engaging in learning activities within the context of their own homes, grocery stores, restaurants, and cars. In addition to the digital tool, DHS EHS-CCP Program implements the Ready Rosie Family Workshops presented both in English and Spanish, which is dual collaboration between the EHS-CCP Program EES Mentors and the Family Support staff. This collaboration provided parents with the opportunity to discuss their child's development and identify strategies that can be implemented in the home environment to support parent-child interactions.

Workshops are based on various topics aligned to the Parent, Family and Community Engagement Framework such as All About Me – supporting positive parent-child relationships, Keeping it Healthy and Family Literacy workshops support family well-being as other well as other topics. The ten session workshop series for parents and caregivers addresses positive discipline strategies, healthy routines, language development, developmental milestones, fostering connection through play, listening skills, resiliency and social emotional development.

To prevent and reduce child abuse and neglect, DHS EHS-CCP Program collaborates with the City of San Antonio Metro Health Department on the implementation of Triple P, a parent training curriculum. Triple P is an evidence-based parenting curriculum that has been shown to reduce child maltreatment among families with a history of maltreatment or with risk factors for maltreatment. During the 2024-2025 program year, four discussion groups were held in the fall of 2024 and spring 2025. Parents from across the DHS EHS-CCP Program were invited to participate. Discussion groups provided parents with an overview of positive parenting principles related to four topics: Dealing with Disobedience, Managing Fighting and Aggression, Developing Good Bedtime Routines and Hassle-free Shopping with Children. In addition to each discussion group, parents were provided an opportunity to receive additional individualized support if requested.



#### **Section 4: Policy Council and Governing Body Training**

In accordance with Head Start Performance Standards and the Head Start Act, all Policy Council and Governing Body members receive Head Start orientation and ongoing training throughout the program year. Training topics include Effective Meetings, Council & Committee Structure, Parliamentary Procedures, Roles & Responsibilities, Refunding Application, Community Assessment, Strategic Planning, Self-Assessment, Governance Requirements, Budget Planning & Development, and Content Area Training. Additional training may be provided based on an identified need.

#### **Section 5: Effectiveness of Training and Technical Assistance**

Throughout the course of the program year, staff regularly evaluates the effectiveness of training and technical assistance provided and determines if additional follow-up or re-training is needed. Various evaluation tools, such as surveys, training evaluation forms and focus groups, review of the professional development plans, annual performance reviews, and results of ongoing monitoring are used to determine effectiveness of training and technical assistance. At the time of this application, DHS EHS-CCP Program staff are working to have deeper discussions on evaluation methods to determine the effectiveness of the delivered trainings and professional development. The program also uses the DHS EHS-CCP Program Five-Year Strategic Plan outcomes and the quarterly data reviews to inform the effectiveness of program-wide training and technical assistance.

DHS EHS-CCP Program is seeking a total of \$64,800.00 T&TA budget for the continuation of T & TA activities from August 1, 2025 – July 31, 2026.

**Table 3 - National/State Conferences & Workshop Opportunities**

**Quality Teaching and Learning**

Date	Location	Conference/Meeting	Attendees
Various Dates	Dallas, TX	Region VI Meeting	Program Staff (2)
May 2026	San Diego, CA	National Training Institute (NTI) on Effective Practices (Pyramid Model)	Program Staff (1)

**Family & Community Engagement**

Date	Location	Conference/Meeting	Attendees
December 2025	Orlando, FL	NHSA Parent Conference and Family Engagement Institute	Program Staff or Policy Council Members (1)

**Health & Safety**

Date	Location	Conference/Meeting	Attendees
Various Dates	Dallas, TX	Region VI Meeting	Program Staff (1)

**Program Leadership**

Date	Location	Conference/Meeting	Attendees
Various Dates	Dallas, TX	Region VI Meeting	Program Staff (1)

**Table 4 - Local Conferences & Workshop Opportunities**

**Quality Teaching and Learning**

Date	Conference/Meeting	Attendees
October 2025	Texas AEYC State Conference	Program Staff (2)

**Family & Community Engagement**

Date	Conference/Meeting	Attendees
April 2026	IDRA La Semana del Nino Parent Institute	Program Staff, Policy Council Members, and Parents (6)
May 2026	Women's Empowerment Conference	Program Staff, Policy Council Members, and Parents (8)
May 2026	Men's Empowerment Conference	Program Staff, Policy Council Members, and Parents (8)
November 2025	Family Engagement Symposium	Program Staff, Policy Council Members, and Parents (8)

**Health & Safety**

Date	Conference/Meeting	Attendees
October 2025	Texas Health Literacy Conference	Program Staff (2)
October 2024	Healthier Texas Summit	Program Staff (1)
March 2026	Nutrition Summit	Program Staff, Policy Council Members, and Parents (6)

**Program Leadership**

Date	Conference/Meeting	Attendees
September 2025	Congress on Children	Program Staff and Policy Council Members, and Parents (2)
November 2025	Texans Care for Children Policy Conference	Program Staff (2)
April 2026	San Antonio Report Education Forum	Program Staff and Policy Council Members, and Parents (2)
May 2026	South Texas Trauma Informed Care Conference	Program Staff (2)

### **Wellness Support**

Date	Conference/Meeting	Attendees
August 2025	Pathways to Hope	Program Staff and Policy Council Members, and Parents (6)
October 2025	Ecumenical Center Mental Health Conference	Program Staff (2)
May 2026	South Texas Trauma Informed Care Conference	Program Staff (4)
July 2026	CLARITYCON	Family & Community Support Staff and Mental Health Staff (2)

### **Onsite Trainings & Conference Opportunities**

#### **Quality Teaching and Learning**

Titles	
<ul style="list-style-type: none"> <li>• Safe Sleep Practices for Infants</li> <li>• E-LAP and Lap-3</li> <li>• Infant / Toddler CLASS</li> <li>• Pyramid Model</li> <li>• Disabilities/ECI – 101</li> <li>• School Readiness/HSELOF</li> <li>• PITC</li> </ul>	<ul style="list-style-type: none"> <li>• Individualization</li> <li>• Language &amp; Literacy</li> <li>• Practice Base Coaching &amp; Coaching Support</li> <li>• First Three Years</li> <li>• Trauma Informed Care</li> <li>• Reflective Supervision</li> <li>• Triple P Parenting</li> </ul>

#### **Family & Community Engagement**

Titles	
<ul style="list-style-type: none"> <li>• Case Management Training</li> <li>• Community Resources</li> <li>• Effectively Using Family Outcome Data</li> <li>• Disability Resources &amp; Services</li> <li>• Ready Rosie and Parent Engagement</li> </ul>	<ul style="list-style-type: none"> <li>• McKinney-Vento Training</li> <li>• Parent, Family, and Community Engagement</li> <li>• Poverty Training</li> <li>• Period of Purple Crying</li> <li>• Reflective Supervision</li> </ul>

### **Health & Safety**

Titles	
<ul style="list-style-type: none"> <li>• Active Supervision for Infants and Toddlers</li> <li>• Car Seat Safety</li> <li>• CPR/First Aid</li> <li>• Child Abuse: Neglect &amp; Prevention</li> <li>• Active Supervision and Playground Safety</li> <li>• Triple P</li> </ul>	<ul style="list-style-type: none"> <li>• Effectively Using Health Outcome Data</li> <li>• Health Services in the Early Head Start Program</li> <li>• Nutrition &amp; Early Childhood Education</li> <li>• Creating Safe Environments</li> <li>• Emergency Preparedness</li> </ul>

### **Program Leadership**

Titles	
<ul style="list-style-type: none"> <li>• Child Plus &amp; Data Entry</li> <li>• Effectively Using Child &amp; Family Outcome Data</li> <li>• Reflective Supervision</li> </ul>	<ul style="list-style-type: none"> <li>• Governance in Head Start</li> <li>• Person First Leadership</li> <li>• </li> </ul>

### **Wellness Support**

Titles	
<ul style="list-style-type: none"> <li>• Compassion Fatigue</li> <li>• Period of Purple Crying</li> <li>• Parenting Strategies that Work</li> <li>• Triple P</li> <li>• Infant Mental Health</li> </ul>	<ul style="list-style-type: none"> <li>• Trauma Informed Care</li> <li>• Wellness Support for Staff</li> <li>• Reflective Supervision</li> </ul>

### **Online Trainings & Webinars**

### **Quality Teaching and Learning**

Providers	
<ul style="list-style-type: none"> <li>• Early Childhood Investigation</li> <li>• HeadStart.gov</li> <li>• T&amp;TA Specialist</li> <li>• Texas A&amp;M Agri-Life Extension</li> </ul>	<ul style="list-style-type: none"> <li>• Texas Rising Star</li> <li>• First Three Years</li> <li>• Teaching Pyramid</li> </ul>

**Family & Community Engagement**

Providers	
<ul style="list-style-type: none"><li>• Early Childhood Investigation</li><li>• HeadStart.gov</li><li>• ESC Region XX</li><li>• T&amp;TA Specialist</li></ul>	<ul style="list-style-type: none"><li>• First Three Years</li><li>• Teaching Pyramid</li></ul>

**Health & Safety**

Providers	
<ul style="list-style-type: none"><li>• Child Safe</li><li>• HeadStart.gov</li><li>• Safe Schools</li></ul>	<ul style="list-style-type: none"><li>• T&amp;TA Specialists</li><li>• Texas A&amp;M Agri Life Extension</li><li>• EMR Safety &amp; Health</li></ul>

**Program Leadership**

Providers	
<ul style="list-style-type: none"><li>• Early Childhood Investigation</li><li>• HeadStart.gov</li><li>• Trauma Informed Care</li></ul>	<ul style="list-style-type: none"><li>• First Three Years</li><li>• Teaching Pyramid</li></ul>

**Wellness Support**

Providers	
<ul style="list-style-type: none"><li>• Child Safe</li><li>• HeadStart.gov</li><li>• First Three Years</li></ul>	<ul style="list-style-type: none"><li>• ESC Region XX</li><li>• Teaching Pyramid</li></ul>