

**THIS IS A DRAFT AND WILL BE REPLACED BY THE FINAL, SIGNED  
ORDINANCE OR RESOLUTION ADOPTED BY THE CITY COUNCIL.**

**ORDINANCE**

**AUTHORIZING THE EXECUTION OF AN AGREEMENT WITH YOUNG MEN'S CHRISTIAN ASSOCIATION OF GREATER SAN ANTONIO, FOR DIABETES WORKSHOPS AS PART OF THE CITY OF SAN ANTONIO METROPOLITAN HEALTH DISTRICT'S DIABETES PREVENTION AND CONTROL PROGRAM IN AN AMOUNT UP TO \$242,750.00 FOR A TERM BEGINNING FEBRUARY 1, 2025 THROUGH SEPTEMBER 30, 2025, WITH THE OPTION TO RENEW FOR ONE, ONE-YEAR TERM FOR A TOTAL AMOUNT UP TO \$485,500.00, INCLUSIVE OF RENEWALS.**

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**WHEREAS**, in 2013, the San Antonio Metropolitan Health District (Metro Health) created the Diabetes Prevention and Control Program; and

**WHEREAS**, this program provides prevention and self-management diabetes education throughout Bexar County, reaching up to 500 residents annually; and

**WHEREAS**, the program offers four workshops, including the Centers for Disease Control and Prevention's (CDC) Prevent T2 Diabetes Prevention Program, Diabetes Empowerment Education Program (DEEP), Diabetes Garage for Men, and Viva Health & Wellness; and

**WHEREAS**, these specific programs have been selected by Metro Health based on research that indicates prevention and self-management diabetes education has been effective in reducing the incidence of Type 2 diabetes, lowering healthcare costs, decreasing individual A1C scores, and improving clinical, lifestyle, and psychosocial outcomes; and

**WHEREAS**, the program has identified Council Districts 1 through 7 as target areas for increased engagement based on incidence and hospitalization data; and

**WHEREAS**, the program hosts workshops and performs outreach activities in clinics, businesses, churches, and organizations throughout Bexar County; and

**WHEREAS**, through an agreement with the Young Men's Christian Association of Greater San Antonio (YMCA), Metro Health will expand the department's capacity to deliver evidence-based diabetes prevention and self-monitoring education to community members at no cost to the participants; and

**WHEREAS**, the term of the contract will begin February 1, 2025 through September 30, 2025, with one, one year renewal at the City's option, which will also be authorized by this ordinance;  
**NOW THEREFORE:**

**BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF SAN ANTONIO:**

**SECTION 1.** The City Manager or designee, or the Director of the San Antonio Metropolitan Health District or designee is authorized to execute an agreement with Young Men's Christian Association of Greater San Antonio, for diabetes workshops as part of the City of San Antonio Metropolitan Health District's Diabetes Prevention and Control Program in an amount up to \$242,750.00 for a term beginning February 1, 2025 through September 30, 2025, with the option to renew for one, one-year term for a total amount up to \$485,500.00, inclusive of renewals. A copy of the agreement is attached hereto and incorporated herein for all purposes as **Attachment I**.

**SECTION 2.** The City Manager or designee, or the Director of the San Antonio Metropolitan Health District or designee, is further authorized to execute an amendment in the following circumstances: (A) an increase in contract funding in an amount not exceeding (a) twenty-five percent (25%) of the total amount of this contract or (b) \$25,000.00, whichever is the lesser amount: provided, however, that the cumulative total of all amendments increasing funding and executed without City Council approval pursuant to this subsection during the term of this contract shall not exceed the foregoing amount; (B) no cost extensions up to two years; (C) budget adjustments authorized by the City or funding agency so long as the total dollar amount of the budget remains unchanged; (D) modifications to the Scope of Work due to the adjustment described in subsection (A) of this Section or for any other reason, so long as the terms of the amendment are reasonably within the parameters set forth in the original Scope of Work; and (E) changes in state or federal regulations mandated by the funding agency.

**SECTION 3.** Funding in the amount of \$242,750.00 for this ordinance is available in Fund 29658000, Internal Order 836000000237 and General Ledger 5201040 as part of the Fiscal Year 2025 Adopted Budget approved by City Council.

**SECTION 4.** Additional funding is contingent upon City Council approval of the Fiscal Year 2026 and subsequent budgets that fall within the contract terms of this ordinance.

**SECTION 5.** Payment in the amount up to \$485,500.00 is authorized to YMCA and should be encumbered with a purchase order.

**SECTION 6.** The financial allocations in this Ordinance are subject to approval by the Deputy Chief Financial Officer, City of San Antonio. The Deputy Chief Financial Officer may, subject to concurrence by the City Manager or the City Manager's designee, correct allocations to specific Cost Centers, WBS Elements, Internal Orders, General Ledger Accounts, and Fund Numbers as necessary to carry out the purpose of this Ordinance.

**PASSED AND APPROVED this \_\_\_\_\_ day of January 2025.**

**M A Y O R**  
Ron Nirenberg

**ATTEST:**

**APPROVED AS TO FORM:**

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Debbie Racca-Sittre, City Clerk

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Andrew Segovia, City Attorney

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