



# City of San Antonio

## Agenda Memorandum

**File Number:**

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**Agenda Item Number:** 42

**Agenda Date:** January 30, 2025

**In Control:** City Council A Session

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**DEPARTMENT:** Health Department

**DEPARTMENT HEAD:** Claude Jacob

**COUNCIL DISTRICTS IMPACTED:** Citywide

**SUBJECT:**

An Agreement with The Meadows Mental Health Policy Institute for Texas for the San Antonio Mobile Mental Wellness Collaborative.

**SUMMARY:**

This Ordinance authorizes the execution of an agreement with The Meadows Mental Health Policy Institute for Texas (MMHPI) for the San Antonio Mobile Mental Wellness Collaborative (SAMMWC), for the City of San Antonio Metropolitan Health District's (Metro Health) Office of Mental Health and Community Resilience, as part of Metro Health's SA Forward Plan to improve Mental Health, in an amount up to \$565,190.00 for the term beginning October 1, 2024 ending September 30, 2025. Funding is available from the General Fund FY 2025 Adopted Budget.

This ordinance authorizes the City Manager or designee, or the director of Metro Health or designee, to execute an amendment in the following circumstances: (A) an increase in contract funding in an amount not exceeding (a) twenty-five percent (25%) of the total amount of this contract or (b) \$25,000.00, whichever is the lesser amount; provided, however, that the cumulative total of all amendments increasing funding and executed without City Council approval pursuant to this subsection during the term of this contract shall not exceed the foregoing amount; (B) no cost extensions up to two years; (C) budget adjustments authorized by the funding agency so long as the total dollar amount of the budget remains unchanged; (D) modifications to the Scope of

Work due to the adjustment described in subsection (A) of this Section or for any other reason, so long as the terms of the amendment are reasonably within the parameters set forth in the original Scope of Work; and (E) changes in state or federal regulations mandated by the funding agency.

## **BACKGROUND INFORMATION:**

In March 2019, students at South San Independent School District (ISD) addressed their Board of Trustees requesting that district funds be used to provide mental health programs. The SAMMWC was formed in direct response to this overwhelming need. The SAMMWC is a collaboration of local nonprofits who provide no-cost services and a holistic approach to mental wellness by breaking barriers and bringing services right into the schools. Services include mental health screenings, treatment, and service recommendations; on-site counseling (individual and support groups); faculty/staff training to screen students for behavioral health concerns; substance abuse prevention education and intervention; psychiatric medication management treatment and referrals to other forms of intensive, longer-term care; wraparound support; navigation assistance; and wellness education for parents/guardians.

In 2021, Metro Health began contracting with MMHPI to serve as the backbone agency and coordinate ongoing efforts as part of the SAMMWC. To date, MMHPI and the SAMMWC have served more than 1,375 clients through counseling, treatment, prevention, education, and intervention. The 2023-2024 school year ended with 486 students, families, teachers, and district staff successfully receiving services. The program now operates within Harlandale ISD, Edgewood ISD, San Antonio ISD, and Judson ISD.

Through this agreement, MMHPI will continue to serve as the backbone agency for the SAMMWC to include providing leadership and staffing needs, data administration, marketing, community outreach and engagement, technology, and the coordination of school-based behavioral and mental health counseling services within San Antonio schools.

## **ISSUE:**

Metro Health requests City Council authorize an agreement with MMHPI for the SAMMWC, to support mental health counseling for school-aged youth, in an amount up to \$565,190.00 for the term ending September 30, 2025. This action will allow Metro Health to continue to provide mental health services for children and families in San Antonio schools. Counseling services will be provided free of charge for up to 500 students, district staff, and/or family members and will include individual counseling, group therapy, psychiatry, drug and alcohol evaluation and counseling, consultations, trauma-informed assessments, and screenings to identify Adverse Childhood Experiences (ACEs). Backbone services will also include hosting monthly meetings, operate the Youth Leadership Program for up to 20 students, provide at least 50 education and training sessions for school districts, and host up to 12 community outreach events.

## **ALTERNATIVES:**

None.

**FISCAL IMPACT:**

This ordinance authorizes the execution of an agreement with MMHPI for the SAMMWC in an amount up to \$565,190.00 for the term ending September 30, 2025. Funding is available from the General Fund FY 2025 Adopted Budget.

**RECOMMENDATION:**

Staff recommends approval.