



Professional Services Contract For Athletic Training Services

Agenda Item #21
April 17, 2025

Valerie Frausto, Fire Chief





Overview

The SAFD, one of the largest departments in the nation, is committed to the establishment and maintenance of healthy workforce that is physically, emotionally and spiritually prepared to successfully carry out their assigned duties, and this is clearly evidenced by the many programs currently available to department personnel. One of those programs, the SAFD Sports Medicine program, provide Licensed Athletic Trainers to assist Firefighters as they recover and rehab from sports related pains and strains.



Background

- The City of San Antonio issues a Request for Proposals on December 9, 2024 for Athletic Trainers to staff the SAFD Sports Medicine Facility
- Four proposals were received
- Proposals were reviewed February 12, 2025
- Bethpage Consulting LLC, the current vendor, recommended for award





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Scope Of Services

- Responsibilities include:
 - Conduct initial evaluation
 - Determine, provide correct course of treatment
 - Provide physician referrals
 - Develop, implement injury prevention programs
 - Develop, implement rehabilitation programs
 - Provide case management
 - Conduct Annual Fitness Assessments per CBA





Bethpage Consulting LLC

Staff recommends approval