



**Agreement with Young Men's Christian
Association of Greater San Antonio**

Presented by: Claude A. Jacob, Health Director

Item 15

Date: January 15, 2025

Background

- In 2013, Metro Health created the Diabetes Prevention and Control Program.
- The program hosts workshops and conducts outreach in clinics, businesses, churches, and organizations throughout Bexar County.
- Council Districts 1-7 are target areas for increased engagement based on incidence and hospitalization data.

Background



The agreement with YMCA of Greater San Antonio will:

- Deliver diabetes prevention and self-monitoring education to 300 community members at no cost
- Include implementation of the CDC's approved Y-Diabetes Prevention Program, as well as the Y-Living Program for diabetes prevention
- Provide referrals to Metro Health's Diabetes Prevention & Control Program for individuals who already have a diabetes diagnosis and need diabetes self-management workshops

Fiscal Impact



- Agreement with YMCA of Greater San Antonio:
 - Term: February 1, 2025 through September 30, 2025
 - One, one-year renewal option
 - Total contract value: \$485,500.00
 - Funding for this agreement is available from the Medicaid 1115 Waiver

Recommendation



- Staff recommends City Council approval.





Thank You
End of Presentation