

Department of Human Services

# **Early Head Start Mental Wellness Services**



**Melody Woosley, Director**  
City Council A Session  
April 17, 2025

# Background

- Head Start Performance Standards requires programs to support children, families and staff mental wellness.
- Head Start Program must ensure ongoing mental health consultations are provided by a qualified mental health professional.
- Request for Proposal issued on November 5, 2024.
- Review committee consisted of representatives from the Department of Human Services and a retired consultant.



# Process



**11/05/2024**

Request for  
Proposals for  
“Early Head  
Start Mental  
Wellness  
Services”.



**12/10/2024**

Four firms  
responded to  
proposal  
request and  
were deemed  
eligible for  
review.



**04/17/2025**

DHS Head Start  
requests approval for  
contractual agreement  
with Family Service  
Association of San  
Antonio, Inc. to become  
the Early Head Start  
Mental Wellness  
provider beginning May  
1, 2025, to July 31,  
2029.

# Issue

- Authorization to execute contractual agreement with Family Service Association of San Antonio, Inc. to provide mental wellness services to children, families and staff in the Early Head Start and Early Head Start – Child Care Partnership Programs. The contract will commence May 1, 2025, and terminate July 31, 2029.







# Fiscal Impact

Funding Type	Year 1 – Year 5 5/1/25 – 7/31/29
Year 1	\$25,500
Year 2 – Year 5	\$46,300.00
Amount not to exceed	\$210,700

# Recommendation

- Approval of this ordinance to provide Mental Wellness Support Services for children, families, and staff employed and working directly within the EHS Programs.



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