



# City of San Antonio

## Agenda Memorandum

**File Number:**

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**Agenda Item Number:** {{item.number}}

**Agenda Date:** September 19, 2024

**In Control:** City Council A Session

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**DEPARTMENT:** Health Department

**DEPARTMENT HEAD:** Claude Jacob

**COUNCIL DISTRICTS IMPACTED:** Citywide

**SUBJECT:**

Amendment with Communities in Schools of San Antonio for school-based counseling services for youth impacted by violence

**SUMMARY:**

This ordinance authorizes the execution of an amendment to an agreement with Communities in Schools of San Antonio (CISSA) to continue school-based counseling services for youth impacted by violence related to the City of San Antonio Metropolitan Health District's (Metro Health) Office of Mental Health for an additional amount up to \$81,000.00, increasing the total contract amount to \$481,000.00. Funding is included in the General Fund FY 2025 Proposed Budget, and extends the agreement for an additional three months, for the term ending January 15, 2025.

**BACKGROUND INFORMATION:**

Metro Health has contracted with CISSA since September 2020 to provide school-based behavioral and mental health counseling services for teens and their families affected by domestic violence. Most recently, through Ordinance 2023-09-14-0623, City Council authorized an agreement with CISSA in the amount of \$400,000.00 for adolescent health services that addresses current inadequate access to care while promoting mental health wellness through services provided by Licensed Professional Counselors. CISSA was contracted to provide behavioral

mental health counseling sessions for students and/or their families affected by domestic violence through various types of therapy, including Dialectical Therapy, Solution Focused, Person-Centered, Cognitive Behavior Therapy, Motivational Interviewing, and Play Therapy Techniques and to provide community referrals for basic needs and psychiatric evaluation.

The proposed amendment to the agreement with CISSA will allow Metro Health to continue funding adolescent mental health counseling services for teens and their families affected by violence for an additional three months through January 15. Thereafter, services will be provided by a contractor selected through Request for Proposal (RFP) process. Through the proposed amendment CISSA will provide an additional 375 mental health counseling sessions over the three-month term for an additional \$81,000.00, increasing the total value of the contract to \$481,000.00.

**ISSUE:**

Metro Health seeks City Council authorization to execute an amendment to an agreement with CISSA to continue providing school-based counseling services for youth impacted by violence, for an additional amount up to \$81,000.00, increasing the total contract value to \$481,000.00, and extending the contract term through January 15, 2025. Funding is included in the General Fund FY 2025 Proposed Budget.

**ALTERNATIVES:**

Should City Council choose not to approve this ordinance, a gap in services between contracts will occur, resulting in a loss of existing public health programming and services for San Antonio youth during the period of October 2024 through January 2025.

**FISCAL IMPACT:**

This ordinance authorizes the execution of an amendment to the agreement with CISSA for an additional amount up to \$81,000.00, increasing the total contract amount to \$481,000.00, and extending the contract term through January 15, 2025. Funding is included in the General Fund FY 2025 Proposed Budget.

**RECOMMENDATION:**

Staff recommends approval.