



# **Agreement with Communities in Schools of San Antonio**

Presented by: Claude A. Jacob, Health Director

**Item # 23**

**December 12, 2024**

# Background



## Office of Mental Health and Resilience

- Established in 2022
- Priority areas include the promotion of emotional, psychological and social wellbeing for the community
- Aims to broaden availability of mental health services to children with higher needs
- Works to address the adverse childhood experiences (ACEs) that can lead to intergenerational cycles of violence and abuse

# Background



## Agreement with Communities in Schools of San Antonio:

- Serves youth and their families impacted by violence in North East ISD, Northside ISD, San Antonio ISD, Southside ISD, and East Central ISD.
- Provides 990 counseling sessions and 1500 case management support services annually.
- Types of evidence–based therapies provided by Licensed Professional Counselors include:
  - Dialectical Therapy
  - Solution Focused Therapy
  - Person-Centered Approach
  - Cognitive Behavior Therapy
  - Motivational Interviewing
  - Play Therapy Techniques

# Fiscal Impact



- Agreement details:
  - **Initial term and value:**
    - Term: January 1, 2025 through September 30, 2027
    - Value: \$1,119,000
  - **Renewal Options:** two, one-year renewals
    - Value: \$400,000 per renewal
    - Total contract value with renewals: \$1,919,000

Funding is available in the General Fund FY 2025 Adopted Budget

# Recommendation



- Staff recommends approval.





**Thank You**  
**End of Presentation**